# Association Surya Françoise LESCANNE - Yoga Professor 11, avenue Robert Schuman 57000 METZ 203.87.74.47.74 www.yoga-metz.com INSCRIPTION TO

Dedictrotion data:

### INSCRIPTION TO ENGLISH YOGA COURSE

Registration date	
Surname:	First name:
Birth date:	Profession (job):
Address:	
Postal code: City	·
Phone: E-mail (printed letters	s):
How did you know about Surya ?	

**Fees:** (Note: in case of three-quarter inscription, add 30 € because September is not included into the first quarter )

	Annual membership (*) : 29 €		
Period	1 session / week	2 sessions / week	<i>3 or more</i> sessions / week
One month	30 €	48 €	75 €
One calendar quarter (3 months)	75 €	124 €	<b>190 €</b>
Scholar year	205 €	335 €	<b>490 €</b>
One session only	11 €		
TOTAL			€

(Make check payable to: Association SURYA)

#### Select the schedule of the course (s):

- □ Monday 12 H 15 (HathaYoga)
- □ Monday 14 H 15 (HathaYoga)
- □ Monday 17 H 30 (*HathaYoga*)
- □ Tuesday 12 H 15 (HathaYoga)
- □ Tuesday 14 H 15 (Yoga for pregnant women & Pathology of the back)
- **Tuesday 17 h 30** (Hatha Yoga)

### Course duration : 1 H

- □ Wednesday 17 H 30 (*HathaYoga*)
- □ Wednesday 19 h 00 (*HathaYoga*)
- **Thursday 17 H 30 (English Hatha yoga cours**
- **Friday 12 H 15** (*Relaxation, yoga nidra*)
- **Friday 14 H 15** (*Hatha Yoga*)

#### All inscriptions become valid right after paying the course fee.

Individual course on appointment (52  $\in$  /H). Individual yoga-therapy is also on appointment (52  $\in$  /H). For School of Yoga-Professors: The tuition fees cannot be reimbursed, they stay in the yoga association. In case of financial problems, see the animator. The classes are maintained starting from 5 participants, they stop on June 30th, they are not given during school holidays. A missed class can be replaced with a relaxation session during the same week. Attach a medical certificate to the inscription formula for practicing yoga  $\Box$ 

(\*) The annual membership opens reduced fees for different courses and traineeship of the Association from 21 September 2020 to 31 August 2021. It is progressively reduced if inscription is made later during the school year.

Date and signature (please precede your signature with: « read and approved »):

## SAISON 2010-2021